



Kingsley Aliche

Date of birth: 03/06/1989 | **Nationality:** Nigerian (Nigeria) | **Phone number:**

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ABOUT ME

Dedicated and experienced health professional with a strong background in nursing and environmental health risk assessment. Skilled in multitasking, management, critical thinking, and interpersonal communication. Proven ability in good time management, decision making, and creativity. Education includes a Master's degree in General Toxicology and Environmental Health Risk Assessment, as well as a Bachelor of Nursing. Committed to improving skills in clinical toxicology and occupational health for future professional growth.

WORK EXPERIENCE

01/07/2019 – CURRENT kuopio, Finland

HEAD OF OPERATIONS ACK PALVELUT

- Negotiated contracts with vendors and suppliers to reduce costs and improve quality of services
- Maintained and updated the organization's operational processes to ensure compliance with legal and regulatory requirements

15/04/2024 – CURRENT Kuopio, Finland

SAIRAANHOITAJA SAIJAINEN POHJOIS-SAVO HYVINVOINTIALUE

As a Sairaanhoitaja Saijainen at Pohjois-Savo Hyvinvointialue, I provided comprehensive nursing care to patients, ensuring their comfort and well-being. I utilized my critical thinking and decision-making skills to assess patient needs and develop individualized care plans. Additionally, I effectively managed multiple tasks and responsibilities, maintaining high standards of patient care. My dedication and creativity contributed to a positive and supportive healthcare environment.

- Provided comprehensive nursing care to patients, ensuring their comfort and well-being.
- Assessed patient needs and developed individualized care plans.
- Managed multiple tasks and responsibilities, maintaining high standards of patient care.
- Contributed to a positive and supportive healthcare environment through dedication and creativity.

11/09/2019 – 20/12/2024 Kuopio, Finland

INTERNATIONAL STUDENT EXCHANGE COORDINATOR (PRESIDENT) ERASMUS STUDENT NETWORK KISA

Organizing of daily schedule of the board procedures.

Overseeing of events

Budget overlook and update

Representation of KISA at national assemblies

31/05/2017 – 30/05/2019 Finland

INTERNATIONAL STUDENT EXCHANGE COORDINATOR (TREASURER) ERASMUS STUDENT NETWORK FINLAND

Taking care of the fiscal year budget of the network

Handling financial aspect of sections in Finland

Organizing of general assembly with board members

Organizing Health and wellbeing events in Finland

07/05/2011 – 23/03/2012 Abuja, Nigeria

PROGRAM ASSISTANT (NYSC) NIGERIA MODEL UNITED NATIONS SOCIETY (NIGMUNS)

Administrative functions assigned by programme executive.

Coordinating of student delegates at annual conference.

Carrying out other duties as assigned by Faculty Adviser.

07/08/2023 – 10/09/2023 kuopio, Finland

NURSING STUDENT (INTERNSHIP) POHJOIS-SAVON HYVINVOINTIALUE (AISTINELIN- JA PEHMYTOSAKIRURGIAN LEIKKAUSYKSIKKÖ)

24/04/2023 – 28/05/2023 kuopio, Finland

NURSING STUDENT (INTERNSHIP) POHJOIS-SAVON HYVINVOINTIALUE (VASTASYNTYNEIDEN TEHO-OSASTO)

09/01/2023 – 07/02/2023

NURSING STUDENT (INTERNSHIP) POHJOIS-SAVON HYVINVOINTIALUE (SYÖPÄTAUTIEN OSASTO)

- . Taking care of patients
- . IV Cannulation
- . Dispensing of medication
- . Assisting the nursing team in coming up with new ways to make treatment better.
- . Observing various shifts with team members
- . Giving Blood transfusion to different patients

14/02/2022 – 20/03/2022 kuopio, Finland

NURSING STUDENT (INTERNSHIP) ATTENDO POHJOIS-SAVO

- Taking care of clients in the home care center
- . feeding and clients hygiene maintenance
 - . Activities with Clients
 - . Assisting the nursing team in coming up with new ways to make treatment better.
 - . Observing various shifts with team members

11/09/2023 – 15/10/2023 kuopio, Finland

NURSING STUDENT (INTERNSHIP) NIUVANNIEMEN SAIRAALA (MENTAL HEALTH)

20/11/2023 – 24/12/2023 kuopio, Finland

NURSING STUDENT (INTERNSHIP) POHJOIS-SAVON HYVINVOINTIALUE (GERONTOLOGY WARD LEVÄSEN PALVELUKESKUS)

23/03/2012 – 19/09/2013 Abuja, Nigeria

PROGRAM EXECUTIVE NIGERIA MODEL UNITED NATIONS (NIGMUNS) .

- Assisting with administrative function.
Coordinating student delegates at our annual Model United Nations Conference on health-issues, climate change and educational issues.
Updating of organization website.
Carrying out other duties as assigned by Faculty Adviser.

07/11/2007 – 21/06/2008 Abuja, Nigeria

MEDICAL LABORATORY ASSISTANT KINGS CARE HOSPITAL LIMITED.

- Sample collection.
Entry of patients data and samples collected.
Working on samples collected and dispatch of results.
Attending and counselling of HIV/AIDS patient.

● LANGUAGE SKILLS

Mother tongue(s): **ENGLISH**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
FINNISH	B2	B2	B1	B1	B1

● EDUCATION AND TRAINING

01/09/2021 – 12/12/2024 Kuopio, Finland

REGISTERED NURSE (BSN) Savonia university of Applied science

Website www.savonia.fi

31/07/2016 – 24/11/2020 kuopio, Finland

MASTER DEGREE PROGRAMME IN GENERAL TOXICOLOGY AND ENVIRONMENTAL RISK ASSESSMENT
University of Eastern Finland

Address Yliopistonranta 1, FI-70210, 70210 , kuopio, Finland | **Website** www.uef.fi | **Number of credits** 140 |

Thesis Indoor transformer stations and ELF MF exposure

31/10/2006 – 19/09/2010 Rivers State , Nigeria

BACHELOR OF SCIENCE DEGREE IN BIOCHEMISTRY Madonna University Nigeria

Address 1 Madonna University Road P.M.B 05 Elele, Nigeria, Rivers State , Nigeria | **Website** www.madonnauniversity.edu.ng |

Thesis Effect of sida Acuta plant on the ALT (alanine transaminase) level of wistar rats

31/07/1999 – 30/11/2005 Osun state, Nigeria

WEST AFRICAN SENIOR SCHOOL CERTIFICATE Federal Government College Ikirun, Nigeria.

Address 1, FGC Ikirun Road, Ikirun, Ifelodun., Osun state, Nigeria | **Website** <https://fgcikirun.com/>

● DIGITAL SKILLS

Microsoft Word | Outlook | Microsoft Excel | Microsoft Office | Microsoft Powerpoint | Google Docs | Google Drive | Skype | Zoom | Social Media | Organizational and planning skills | Good listener and communicator | Internet user | Written and Verbal skills | Team-work oriented | Decision-making | Motivated | Reliability | Power Point | Analytical skills